DECEMBER Groups Activity Program North Brisbane for over 65's

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 **Men's Group** **Zillmere Sports Club** $20* per person + Lunch	2 **Body Movement Class** Baskerville Hut $20* per person	3 **Out n About Group** **Baskerville Hut** **Christmas Card Making** $20* per person +$10 Lunch	4 **Lifestyle Program** Baskerville Hut $20* per person
7 **All Directions Choir** Baskerville Hut $20* per person	8	9 **Body Movement Class** Baskerville Hut $20* per person	10 **Groups Christmas Party** **Brighton Bowls Club** $20* per person + $10 Lunch	11 **Lifestyle Program** Baskerville Hut $20* per person
14 **Ladies Group** $20* per person + Lunch	15 **Men's Group** **Bracken Ridge Tavern** $20* per person + Lunch	16 **Body Movement Class** Baskerville Hut $20* per person	17 **Out n About Group** **Baskerville Hut** **Christmas Celebrations** $20* per person + $10 Lunch	18 **Lifestyle Program** Baskerville Hut $20* per person



All About Living offers Social Support Groups to eligible participants under the Commonwealth Home Support Program (CHSP) and Support At Home (SAH) in North Brisbane, including Redcliffe. These services require a co-contribution fee from participants, which may vary depending on the specific activity. Additional costs may include travel, entry fees, and expenses for meals such as lunch or morning tea during certain activities.
To confirm your eligibility and obtain detailed information about Social Support costs, please contact your Care Manager at 1300 503 886.

*Co-contribution fee.

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Join the Fun with Our Community Groups Program

Our program is designed to spice up your weekdays with a wide range of activities that cater to everyone's tastes. Whether you're eager to pick up a new skill, stay active, or make new friendships, we're your go-to for enhancing wellbeing and ensuring you have an enjoyable time.

About our December activities



Monday Activities

All Directions Choir

Every Monday at 10am - 11am, the All Directions Choir will meet up at the Activity Centre with our Musical Director, Gil. Come along and have fun singing with like minded people! It will be held at the Baskerville Hut, Brighton.

Cost: $20.00* per person

Ladies Group

The Ladies group meet up fortnightly and enjoy a range of activities like Art and Crafts, High Tea and Board Games.

Cost: $20.00* per person + Lunch

Tuesday Activities

Men's Group

1 December*:*

Today the Men's Group will having lunch at Zillmere Sports Club where they have great lunch specials.

Cost: $20.00* per person + Lunch

15 December :

The Men's Group will be having a Christmas Morning Tea at the Baskerville Hut followed by lunch at the Bracken Ridge Tavern.

Cost: $20.00* per person + Lunch

Wednesday Activities

Body Movement Class

On Wednesdays 10am - 11am, we meet for a fun movement class at Baskerville Hut. With gentle and flowing breathing and stretching moves, the seated or standing exercises are easy to follow.

Cost: $20.00* per person

Thursday Activities

Out and About Group

3 December*: Christmas Card Making*

The Out and About Group will be getting into the Christmas spirit and making hand made Christmas cards.

Cost:
$20.00* per person + $10.00 Lunch

10 December:
Groups Christmas Party
Brighton Bowls Club

Today all of our Groups members are invited to celebrate Christmas at the Brighton Bowls Club. Our All Directions Choir will be performing. Bring your singing voices to join in for a full filled day with raffles and prizes to be won!

Cost:
$20.00* per person + $10.00 Lunch

17 December:
Out and About Baskerville Hut

The Out and About Group will be making some Christmas Decorations to take home whilst enjoying singing along to Christmas Carols

Cost:
$20.00* per person + $10.00 Lunch

Friday Activities

Lifestyle Program

Every Friday at 10am -11am, we meet for a movement class at Baskerville Hut. With gentle and flowing breathing and stretching moves, the seated or standing exercises are fun and easy to follow.

Cost: $20.00* per person

Location Details:
Baskerville Hut:
174 Baskerville Street, Brighton

IMPORTANT: Christmas Break
18 December 2026 - 17 January 2027

All About Living Groups will be closed for the Christmas break from 18 December 2026 to 17 January 2027.

We wish you a very Merry Christmas and a Happy New Year! Look forward to seeing you in 2027.

Transportation Made Easy

Don't let transportation be a barrier to your fun. We offer a convenient pick-up service for those who need a lift. Seats are limited, so make sure to reserve yours early by calling **1300 503 886**. Need another way to get there? We're here to help with alternative transportation options.

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*Co-contribution fee.