

All about news!

all about living
choice | support | connection

CONNECTED

Welcome to our July Newsletter, where we aim to keep you updated, informed and connected with everything that's happening at All About Living. We hope you enjoy!

Important Update on Fees Schedules

At All About Living, our commitment to providing exceptional in-home care drives us to continuously review and improve our services. To maintain our high standards during this time of increased costs, we have made the difficult decision to increase our fees **effective 1 July 2024**. All customers will have received a copy of our updated Fee Schedule in the mail, and we encourage customers to contact us if they have any questions.

Reasons for the Change

Annual reviews help us adjust to the dynamic financial landscape and continue delivering the quality care deserved. Recently, we've faced rising operational costs, changes in government funding, and the need to comply with updated regulations. Despite our best efforts to absorb these costs, the current financial climate necessitates this adjustment.

Impact of the Change

Starting 1 July 2024, fees will be adjusted. These changes will be reflected in July statements, arriving in August. For a detailed breakdown of the new rates, please review the Fee Schedule mailed out or visit our website at www.allaboutliving.com.au/fee-schedules/.

Commitment to Support and Transparency

We understand the diverse financial situations of our clients and encourage anyone facing difficulties with these changes to reach out. Our team is here to support and discuss any concerns. Contact us on **1300 503 886** or email info@allaboutliving.com.au.

Thank you for your understanding and support.



Visit All About Living at the Einbunpin Festival!

We are excited to invite you to visit All About Living at this year's Einbunpin Festival! Whether you have questions for our friendly staff, want to meet the team, or simply want to stop by for a warm g'day, we'll be there and ready to help.

Date: Sunday, 28 July 2024

Time: From 9am

Location: Sandgate Lagoon, Brighton Road, Sandgate 4017
(bordered by Keogh Street, Lagoon Street and Bowser Parade)



Discover the Benefits of Home Assist Secure

stay safe

At All About Living, we are committed to helping our community live independently and safely in their own homes. One way we do this is by raising awareness about the invaluable services offered by Home Assist Secure.

Home Assist Secure provides essential home maintenance and modifications for Queenslanders aged 60 and over, or for individuals of any age with a disability. These services ensure that your home remains safe, accessible, and secure.

Why Choose Home Assist Secure?

Protect Yourself from Exploitation: Home Assist Secure only works with skilled and responsible tradespeople who are committed to quality and fairness.

Enhance Home Safety: Whether it's installing handrails, restumping houses, or making minor modifications, Home Assist Secure ensures that your home is well-maintained and safe.

Stay Independent: With professional help, you can continue living comfortably and securely in your own home.

How to Get Started:

Check Your Eligibility: If you are 60 years old or older or have a disability, hold a Pensioner Concession Card, and cannot complete the work yourself, you may qualify for assistance.

Contact Home Assist Secure: Contact Home Assist Secure on **13 74 68** or visit their website www.qld.gov.au/housing.

Plan and Execute: Home Assist Secure will help you employ tradespeople for necessary repairs or modifications and plan future work to keep your home safe.

We encourage you to take advantage of this vital service. At All About Living, we are here to support you every step of the way, ensuring that you live independently and securely in your own home.

Ensuring Safe and Independent Living

better living

This month, All About Living connected with Ross Lingard, dedicated owner of Concrete Casters and committed Home Assist contractor. Ross is passionate about educating the community about the Home Assist Secure service, which provides essential home maintenance support at fair prices from reputable tradespeople.

Ross was approached by Home Assist because of his extensive experience and strong credentials. Known for its stringent guidelines, Home Assist ensures all subcontractors are recognised for their quality work. Ross's business met these high standards with flying colors. "Home Assist is fantastic, and I think it's underutilised," Ross shares. He emphasises that his work often aligns with recommendations from occupational therapists, ensuring beneficial modifications like ramps or stair replacements.

For Ross, the most rewarding aspect of his work is the human connection, as many clients appreciate both the company and practical improvements.

All About Living is dedicated to raising awareness about Home Assist and supporting quality businesses like Concrete Casters.



AAL Executive Director, Amanda MacDougall with Home Assist contractor Ross Lingard at the May SBCC monthly meeting.

Understanding the Role of Your Case Manager *educating*

Exciting changes are happening at All About Living, especially within our Case Management team. While we welcome some new members to the team, we are proud that many new roles have been filled through internal promotions. This means our clients are supported by team members who know them personally and bring strong hands-on experience to their roles as Case Managers. We've recently received some queries about our Case Managers and their roles, so here is a quick summary.

The Importance of a Case Manager

Case Managers are vital in ensuring clients receive holistic, responsive, and personalised care. With a solutions-focused mindset and resilience, they adapt to both client and organisational needs, understanding the challenges of aging and the importance of independence.

What Does a Case Manager Do?

Person-Centred Approach: They design strength-based goals with measurable outcomes, meeting individual's unique needs.

Care Planning and Budgeting: They develop tailored care plans and manage budgets according to client choices.

Collaborative Efforts: They coordinate with health professionals, including medical and allied health experts.

Service Organisation: They assist in arranging services and appointments on behalf of clients.

Social Visits: They visit clients periodically to review their plans and provide extra support.

Case Managers play a crucial role in supporting independent living and ensuring our clients receive the best possible care. You can reach out to your Case Manager by contacting the office on 1300 503 886.

All About Living Case Management Team

Commonwealth Home Support Programme (CHSP) and Veterans' Home Care (VHC)

NDIS



Georgia Hancock
CHSP & VHC
Case Manager



Jade Delamere-Clarkson
CHSP & VHC
Case Manager



Parisa Mostofi
CHSP & VHC
Case Manager



Yasmina Kimlekis
NDIS Case
Manager

Home Care Package (HCP)



Jenny Sibraa
HCP Case
Manager



Karen Johnson
HCP Case
Manager



Noelle Flynn
HCP Case
Manager



Renee Turner
HCP Case
Manager



Rochell Robertson
HCP Case
Manager



Rosie Goodhew
HCP Case
Manager

July North Brisbane Groups *all about groups*

Our North Brisbane Groups Program offers a variety of activities to brighten your weekdays. Whether you want to learn a new skill, stay active, or make new friends, you will have a great time.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Ladies Group Brighton Bowls Club \$20 per person All About Living Choir \$20 per person	2 Men's Group Sandgate Museum \$35 per person	3 Body Movement Class \$20 per person	4 Thursday Group Brighton Bowls Club Armchair travel to America \$20 per person <i>OPEN TO EXISTING MEMBERS ONLY</i>	5 Lifestyle Program \$20 per person
8 All About Living Choir \$20 per person	9	10 Body Movement Class \$20 per person	11 Thursday Group Norths Devils \$20 per person + Lunch <i>OPEN TO EXISTING MEMBERS ONLY</i>	12 Lifestyle Program \$20 per person
15 Ladies Group Brighton Bowls Club \$20 per person All About Living Choir \$20 per person	16 Men's Group Kedron Wavell RSL \$20 per person + Lunch	17 Body Movement Class \$20 per person	18 Thursday Group Brighton Bowls Club Christmas in July \$45 per person <i>OPEN TO EXISTING MEMBERS ONLY</i>	19 Lifestyle Program \$20 per person
22 All About Living Choir \$20 per person	23	24 Body Movement Class \$20 per person	25 Thursday Group Butter Factory Arts and Crafts \$25 per person <i>OPEN TO EXISTING MEMBERS ONLY</i>	26 Lifestyle Program \$20 per person
29 All About Living Choir \$20 per person	30 Men's Group Redcliffe Snooker \$20 per person	31 Body Movement Class \$20 per person	Join the Fun with Our Community Groups Program! We offer diverse weekday activities to suit all interests. Whether it's learning skills, staying active, or making friends, we're your destination for fun and enhanced wellbeing.	

Biggest Morning Tea Celebrations *all about living*

Last month, All About Living Groups hosted an unforgettable Biggest Morning Tea fundraiser. The event featured a variety of games, raffles, and delicious treats, highlighted by a special birthday cake to celebrate our May birthdays. Thanks to everyone's enthusiastic participation, we raised an impressive \$411! Congratulations to Colin and Peter for winning the raffle!

The All About Living also office joined in the festivities boosting the fundraising efforts. Together, we proudly raised a total of \$1,296 for the Cancer Council.

A huge thank you goes out to everyone who participated and contributed to making this event a resounding success. Your support and generosity is appreciated.



Group activities are available to eligible **All About Living** clients. Bookings are essential on **1300 503 886**.

Transportation Made Easy

We offer a pick-up service. Seats are limited, so reserve your seat early by calling **1300 503 886**. Need another way to get there? We can help with alternative transportation options.

Get the latest calendar and full run down of activities by visiting our website www.allaboutliving.com.au/activities-program/

